

# REGISTRATION

Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
ADHA Member #: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_

**Full Scientific Session Fee:** \$ \_\_\_\_\_ 14 CEUs

ADHA Members: \$210

ADHA Potential Members and DDS \$310

2019 Grads: \$115

DH/DA Students: \$75 (includes lunch)

Assistants and Staff \$115

**Friday All-Day Fee:** \$ \_\_\_\_\_ 7 CEUs

ADHA Members: \$140

ADHA Potential Members: and DDS \$190

2019 Grads: \$85

DH/DA Students: \$50 (includes lunch)

Assistants and Staff \$85

**Saturday All-Day Fee:** \$ \_\_\_\_\_ 7 CEUs

ADHA Members: \$140

ADHA Potential Members and DDS \$190

2019 Grads: \$85

DH/DA Students: \$50 (includes lunch)

Assistants and Staff: \$85

All fees include continental breakfast and lunch.

## HOW TO REGISTER

**Credit card registration is available at  
[nmdha.org](http://nmdha.org)**

OR

Mail completed form and check payable to NMDHA by  
9/20 to: NMDHA, P.O. Box 40474, Albuquerque, NM  
87196

**Register by September 10th for an extra  
door prize ticket.**

# FRIDAY

## WELCOME FROM NMDHA PRESIDENT

Elmer Gonzalez, RDH, MBA, PhD

### Empower, Transform, Strengthen

Welcome and opening ceremonies will kick off  
Scientific Session 2019.

## MYOFUNCTIONAL THERAPY: THE ROLE OF THE DENTAL PROFESSIONAL

Learn about palatal formation disorders, the long term skeletal implications of: open mouth posture, tongue thrust disorders, improper swallowing, compensatory breathing, and negative oral habits. Learn how myofunctional therapy can help patients diagnosed with breathing disorders and/or Obstructive Sleep Apnea (OSA). This course will address recognition and treatment of tongue and lip ties, better known as TOTS or tethered Oral Tissues.

**Sandraluz Gonzalez, RDH, BS** is a Certified Orofacial Myologist practicing in Albuquerque and has advanced training in treatment of myofunctional therapy including airway and sleep disorders, TMJ, cranial, head and neck pain.

## FOCUS ON THE FUTURE: A PANEL DISCUSSION

An interactive panel discussion to share valuable insight into how dental hygienists could realistically make improvements to New Mexicans' health, while adapting and advancing our profession. Based on the 2018 Symposium and resulting white paper.

**Panel Participants: Christine Nathe, RDH, MS; Elmer Gonzalez, RDH, MBA, PhD; Vicki Pizanis, RDH, EdD; Barbara Posler, RDH.**

# FRIDAY

## CURRENT TRENDS IN PATIENT PAIN CONTROL: ANESTHESIA IN DENTAL HYGIENE

Learn about the folklore of pain and the need for sedation. This course will also discuss the increasing use of marijuana in New Mexico populations and its interaction with nitrous oxide sedation.

**Jason Flores, DDS, MHA, RN** attended dental school at UT Dental Branch-Houston and completed his specialty training in Anesthesiology at the University of Pittsburgh. He completed his Masters of Healthcare Administration and currently serves as Chief of the division of UNM Dental Medicine, clinical director in addition to other positions.

## AMAZE WITH NIGHTLASE

**Treating snoring and sleep disordered breathing  
such as apnea with dental lasers**

This presentation will address airway problems, snoring, sleep apnea, UARS (upper airway resistance syndrome), and sleep disordered breathing. How to use NdYAG and Erbium YAG lasers to aid in treating these conditions.

**Brian K. Dennis, DDS** is a graduate of University of Minnesota School of Dentistry. He is a visiting Faculty Member of Spear Education, completing its curriculum in Airway Prosthodontics. He recently completed a year-long mini-residency in TMD and Sleep Dentistry at USC Herman Ostrow School of Dentistry. He has been in private practice in Albuquerque for over 35 years.

**FRIDAY STUDENT BREAK-OUT SESSION  
10:30 TO 12 NOON**

# SATURDAY

## SOFT TISSUE RECESSION: WHEN AND HOW?

Not all recession defects need coverage. We will review the risk factors associated with recession progression. This helps to determine which patient is in need of augmentation. If someone needs grafting, we will review the surgical options available. This will help hygienists better communicate with their patients on what to expect.

**Curtis Pino, DDS** is a practicing periodontist in Albuquerque and a native New Mexican. He earned his dental degree from the University of Colorado and completed his periodontal residency at the University of Washington.

**BE INFORMED!** Attend the **NMDHA General Membership** meeting on Saturday at 10 am. Proposed bylaw amendment can be viewed at [nmdha.org](http://nmdha.org) by August 25.

## MARIJUANA: LEGAL, THERAPEUTIC AND CLINICAL CONSIDERATIONS FOR THE DENTAL PROFESSIONAL

Learn the impact of cannabis on patients, culture and healthcare, and especially its effect on oral tissues. Learn what legal considerations every dental professional should know.

**Ermelinda Baca, RDH** is a clinical practice hygienist and a UNM graduate. She also serves on the NM Board of Dental Health Care/Dental Hygienists Committee. She is the owner of Dragonfly Consulting specializing in practice management and CE course development.

# REMINDERS

***Make the vendors a huge success! Place your office dental supply orders at the Scientific Session!***

Continental Breakfast and lunch provided with registration. For special dietary needs, contact Mary Kaye Vigil at 505-250-1460.

Refunds will be given by written request only and will reflect a \$15.00 processing fee. No refunds will be given after September 20, 2019

Special room rate at Nativo Lodge \$71 includes tax. Make reservations directly with hotel 505-798-4300 by September 6, 2019. Ask for "New Mexico Dental Hygienists."

We encourage carpooling, parking is limited.

Available handouts can be downloaded at [NMDHA.org](http://NMDHA.org) after September 20, 2019

## **NM Dental Hygienists' Association 31st Annual Scientific Session September 27 - 28, 2019**

### **Nativo Lodge**

6000 Pan American Fwy NE  
Albuquerque, NM

***Please post in your workplace—all dental professionals are invited!***

**Support the HYPAC RAFFLE!**  
Tickets available at [NMDHA.org](http://NMDHA.org)

# SCHEDULE

## **FRIDAY, SEPTEMBER 27, 2019**

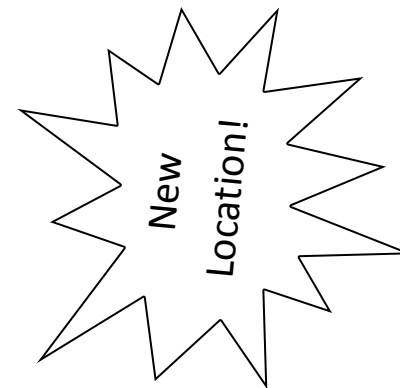
- 7:30 - 8:15 am:** Registration and Breakfast
- 8:15 - 8:30 am:** Elmer Gonzalez, RDH, MBA  
Opening Ceremonies and Welcome
- 8:30 - 10:30 am:** Sandraluz Gonzalez, RDH  
"Myofunctional Therapy"
- 10:30 - 11:00 am:** Break & exhibitor booths open
- 10:30 - 12:00 pm:** Student Session
- 11:00 am - 12:00 pm:** White Paper panel  
"Focus on the Future"
- 12:00 - 1:00 pm:** Lunch; exhibits open
- 1:00 - 3:00 pm:** Jason Flores, DDS, MHA, RN  
"Current Trends in Patient Pain Control"
- 3:00 - 3:30 pm:** Break and exhibitor booths open
- 3:30 - 5:00 pm:** Brian Dennis, DDS  
"Amaze with Nightlase"
- 3:30 - 4:30 pm:** Educators' Meeting
- 4:30 pm:** Sigma Phi Alpha Meeting

## **SATURDAY, SEPTEMBER 28, 2019**

- 8:00 - 8:30 am:** Registration and Breakfast
- 8:30 - 10:00 am:** Curtis Pino, DDS  
Soft Tissue Recession: When and How?
- 10:00 - 10:30 am:** Break and exhibits open
- 10:30 - 12:00 pm:** General Membership Meeting  
Elections and Installation  
Includes legislative update, bylaw amendment.
- 12:00 pm - 1:30 pm:** Lunch & Awards
- 1:30 - 3:00 pm:** Ermelinda Baca, RDH, BS  
"Marijuana: Legal, Therapeutic and Clinical Considerations for the Dental Professional"
- 3:00 - 3:15 pm:** Break
- 3:15 - 4:30 pm:** "Marijuana" continued

**New Mexico Dental Hygienists' Association  
31st Annual Scientific Session  
General Membership Meeting  
September 27 - 28, 2019**

Nativo Lodge  
6000 Pan American Fwy NE  
Albuquerque, NM 87109



**connect with colleagues → expand your knowledge → revitalize your career**



**New Mexico Dental Hygienists' Association**  
P.O. Box 40474  
Albuquerque, NM 87196